

FOLLOW THE CYCLE CODE

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1. Expect the unexpected!
Keep your speed down.
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2. Remember other vehicles use forest roads as well as you!
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3. People ahead of you have right of way. Make yourself known before passing in a safe place.
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4. Slow down or stop for horses and avoid an accident!
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5. Obey all diversionary signage – it is there for your safety and is often in place to facilitate tree cutting.
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6. Danger! Do not pass any vehicle loading timber until you have been told to do so.
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7. Footpaths are for walkers only. Bike trails are for cyclists only.
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8. Cycle or walk with care and prior to setting off read the information in this leaflet that describes the character of each of the waymarked routes at Coed Llandegla.

LLANDEGLA VISITOR CENTRE FACILITIES



Café

Serves the 'Best Bacon Buttie in the UK' as recommended by the *BMW Good Food Ride*. A relaxed atmosphere, comfy sofa and chilled out music make it a great place to unwind after a blast round the trails.

Bike Hire

All of our hire fleet are top quality Kona Hardtails. Booking in advance is advised. Visit www.oneplanetadventure.com or call for prices.

Bike Shop

Official demo centre for Kona, Cove, Orange, Yeti, Ibis and Santa Cruz bikes. We stock a wide range of clothing and accessories – worth a look for any mountain biker.

Test Bikes

Try before you buy. If one of the bikes in our demo fleet takes your fancy, take it for a ride to see if it's the one for you. Call to book your test ride.

Guiding

You can hire one of our expert guides to show you the ropes. For more information visit www.oneplanetadventure.com.

Repair Centre

 Sponsored by Fibrax, our experts are on hand to help with any repairs or servicing.

Classroom/Meeting Room

Available to hire for any event or in conjunction with a group ride. Catering facilities can be organised to suit your needs. For an individual quote tailored to your requirements please call us.

Tuition

Frustrated at not being able to get over that obstacle? Want to learn more about maintaining your bike? Unsure of exactly how to use your gears properly? Could do with polishing up on some rusty skills? Book yourself onto one of our skills courses. Whether you wish to book on one of our scheduled group courses, have one-to-one tuition, or have a group of friends you wish to book a course for, we have courses to suit all abilities and skills.

Contact Us

Tel: 01978 751656
www.oneplanetadventure.com
www.coedllandegla.com



MOUNTAIN BIKE TRAILS





ABOUT COED LLANDEGLA WELCOME

UPM Tilhill Welcome to Coed Llandegla Forest, owned by UPM Tilhill, and one of the largest privately-owned recreational facilities in North Wales. The forest has mountain biking trails suitable for beginners and family groups; more challenging routes for experienced bikers; and a choice of picturesque walking trails. All tracks are completely enclosed within the forest, with no main roads to cross. Within the Visitor Centre there is a café and a wide variety of facilities for visitors.

THE FOREST

Coed Llandegla is a dynamic 650 hectare FSC certified forest which is primarily managed to produce softwood timber for UK markets. It is also an excellent demonstration of how existing Welsh woodlands can be managed to provide other benefits such as the provision of amenity and the enhancement of biodiversity. For more information please visit us online at:

<http://w3.upm-kymmene.com/upm/forestlife>

CONTACT

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Llandegla, Wrexham, LL11 3AA, North Wales
Ordnance Survey Map Sheet 117 Chester & Wrexham, 1:50,000,
Grid Reference for entrance from minor road: SJ 240524

www.coedllandegla.com

Coed Llandegla is a partnership between UPM Tilhill and Oneplanet Adventure



Supported by:



COED LLANDEGLA MOUNTAIN BIKE TRAILS WHICH TRAIL IS FOR YOU?

| TRAIL | DISTANCE | SUITABLE FOR | TRAIL DESCRIPTION |
|--|---|--|---|
| GREEN | 5km | Beginners in good health with basic bike skills. Most types of bike. | Relatively flat and wide. |
| BLUE | 12km | Riders in good health with basic off-road riding skills. Basic mountain bikes. | Contains sections of undulating, flowing single-track which features small unavoidable banked corners and grade reversals. |
| RED | 19km | Proficient mountain bikers with good off-road riding skills and fitness. Good mountain bikes. | Challenging. Climbs, tricky descents and technical features such as drop-offs and large rocks. |
| BLACK | 21km | Expert mountain bikers with high level of fitness. Quality off-road mountain bikes. | Greater challenge and difficulty. Expect large and unavoidable features. |
| Skills | 600m | Riders in good health with basic off road riding skills. Good mountain bikes. | Taster sections of themed singletrack trail which contain unavoidable rock drop, corner and jump features |
| Extreme Trail | | | |
| Freeride | 650m | Extreme level riders with expert technical skills and good fitness. Jumping ability obligatory. PLUS full face helmet and body armour recommended. | Extreme levels of exposure and risk, large features, technical bike skills important |
| Pump | 120m | Proficient mountain bikers with off road riding skills and fitness. Good mountain bikes. PLUS full face helmet and body armour recommended. | A short section of trail that has been designed to be ridden without pedalling. Contains large and unavoidable features. |
| Yellow Pine Jumps, JJ's Jumps, Parallel Universe, Twins, Triplets | Short sections of "opt in" trail off Red and Black trails | Extreme level riders with expert technical skills and good fitness. Jumping ability obligatory. | Extreme levels of exposure and risk, large unavoidable rock features, technical bike skills important. Uneven rocky surfaces. |

